



Cain Evening Menu

Starters

Soup of the Day served with warm crusty roll £4.25

Glamorgan Sausages (v)- Caerphilly cheese n leek sausages with garlic mayo

and salad garnish £4.50

Garlic Mushrooms served with Garlic Bread and parmesan Cheese

£4.95

Calamari served with a Garlic Bread, Garlic Mayo dip and side salad

£5.25

Pigs in Blankets with a Mango Chutney glaze £4.95

Blanchbait, Breaded whitebait served with granary bread and salad garnish

£5.25

Traditional Pub Fayre

Breaded Scampi with Chips, peas and salad garnish £8.95

Beef Lasagne with side salad, garlic bread and chips £8.95

Vegetable Lasagne with chips, garlic bread and side salad (v) £8.75

Homemade Chicken Balti, served with Basmati Rice and Naan Bread £9.25

Homemade Vegetable Balti, served with Basmati Rice and Naan Bread £8.50

Homemade Steak and Ale Pie served with Chips and Peas or New Potatoes and Vegetables

£8.75

From the Grill

Sirloin steak grilled to your taste with tomato, mushrooms, chips, peas and side salad £14.95

Compliment your steak with pepper, stilton or garlic mushroom sauce or perhaps a portion of Onion Rings £1.75

Gammon Steak grilled and served with chips, peas, salad garnish and fried egg

£9.25

Main Courses

Homemade slow cooked welsh beef in a red wine and red pepper gravy, served with fresh seasonal vegetables and new potatoes or leek mash £10.25

Oven Baked whole Trout with parsley Butter, served with fresh seasonal vegetables and New Potatoes £9.50

Homemade lamb casserole, lamb chunks cooked with plums, ginger and port, served with fresh seasonal vegetable and new potatoes or leek mash £10.50

Salmon Fillet with a leek and white wine cream sauce served with seasonal vegetables and New Potatoes £9.50

Thai Fishcakes, salmon fish cakes served with chips, salad and sweet chilli dip
£9.95

Whole chicken breast pan fried and served with a creamy garlic sauce, fresh
seasonal vegetable and new potatoes £9.50

Nut Roast, served with a vegetarian gravy, fresh seasonal vegetable and New
Potatoes
£9.25

Children's Meals

Fish Fingers, Chicken Nuggets,
Sausages, Scampi, vegi sausages

Served with chips and peas or baked beans £4.95

Desserts

Selection of vanilla, chocolate and strawberry Ice Cream £3.95

Hot Chocolate Fudge Cake with cream or Ice Cream £4.50

Homemade Lemon Meringue Ice Cream £4.25

Banoffee Cream Pie with Cream £4.75

Toffee Apple Bread and Butter Pudding served with cream or custard £4.95

Blackberry and Apple Crumble with Custard or Cream (G Free) £4.50

Tea and Coffee

Pot of Tea for One - £2.00

Earl grey and selected herbal teas are available

Cafetiere of Coffee (decaffeinated available) - £2.25

Whenever Possible we source Locally, to the best of our knowledge our meals are GM free.

For Allergen Advice please ask our Kitchen Staff for advice. Thank You